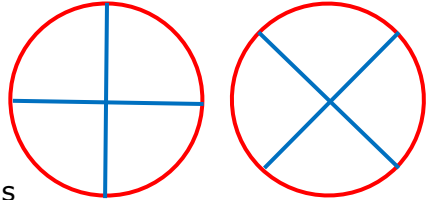




LESSON – 1A CONSONANTS (*Continuants*)

You learnt in the previous lesson that the **first eight consonants** i.e. “**explodents**” are represented by straight lines (strokes) that are drawn from these two circles.

Now you will be learning the next **eight consonants**, called “**continuants**”, because, in pronouncing them, the outgoing breath is allowed to escape in a continuous stream through partially closed barriers. These “**continuants**” are represented by **quarter-circles**, also called as “**shallow curves**”, drawn from the same two circles.



They are

LETTER of Alphabet (Sound in English)	f	v	th	TH	s	z	sh	zh
Stroke representing Sounds in Alphabet								
Name by which the stroke is always called	ef	vee	ith	THee	ess	zee	ish	zhee
Orientation of the stroke	45°down left to right	90° down	90° down	90° down	90° down	90° down	45° down right to left	
As sounded in	Feet	Van	Thin	THat	Sale	Zero	Show	Pleasure
	Life	Move	Bath	Breathe	Lace	Craze	Cash	Closure

- Now, you have to start practicing the **consonants (continuants)**, as shown in the following demo pages.
- Remember, **all the strokes** are to be written with the same length i.e. **1/6th of an inch**.
- Strokes are to be written with **single inflection of pen/pencil**.
- **Light (thin) curves** are to be written with **light pressure** of the pencil.
- **Heavy (thick) strokes** are to be tapered at the edges and thickened in the middle, as shown in the examples.



Practice 'ef' with light stroke for full page or more, 45°, 1/6th of inch, down stroke.

Take a print out of this page on A5 size paper in portrait orientation and copy the strokes on the lines, as shown, saying 'ef' yourself each time you write the stroke.



Multiple sets of horizontal red lines (top, middle, bottom) provided for independent practice of the 'ef' stroke.



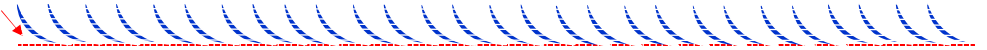
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Practice 'v' with heavy stroke for full page or more, 45°, 1/6th inch, down stroke.

Take a print out and just copy the strokes on the lines below, saying 'vee' yourself.

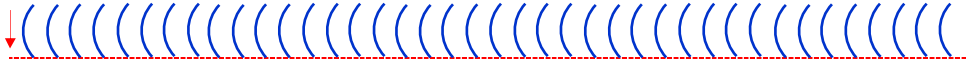
See that all thick curved strokes are tapered at edges and thickened at centre of stroke.



Multiple sets of horizontal red dashed lines for handwriting practice.



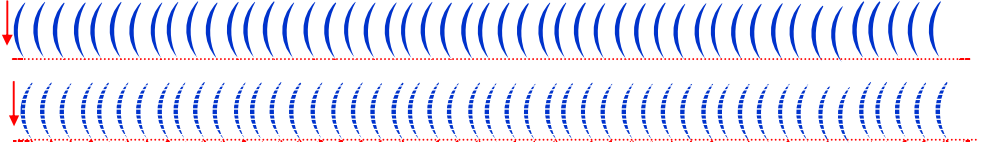
Practice 'ith' with light stroke for full page or more, 90°, 1/6th inch, down stroke.



Blank handwriting practice lines consisting of three horizontal red lines (top, middle, bottom) repeated down the page.



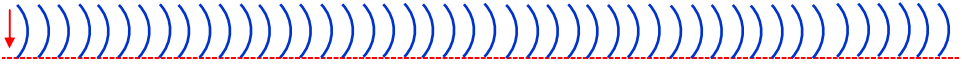
Practice 'Thee' with heavy stroke for full page or more, 90°, 1/6th inch, down stroke.
Print this page and copy saying yourself 'Thee' each time you write the stroke.



Blank handwriting practice lines consisting of multiple sets of red dashed lines for copying the 'Thee' stroke.



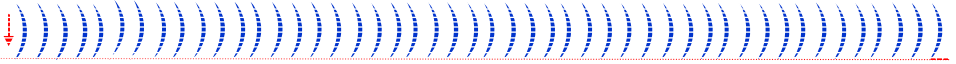
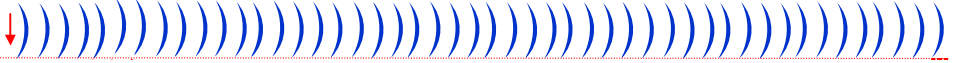
Practice 'ess' with light stroke for full page or more, 90°, 1/6th inch. Print this page and copy saying yourself 'ess' each time you write the stroke.



Blank handwriting practice lines consisting of three horizontal red lines (top, middle, bottom) repeated down the page.



Practice 'zee' with heavy stroke, for full page or more, 90°, 1/6th inch, downstroke.
Print this page and copy saying yourself 'zee' each time you write the stroke.



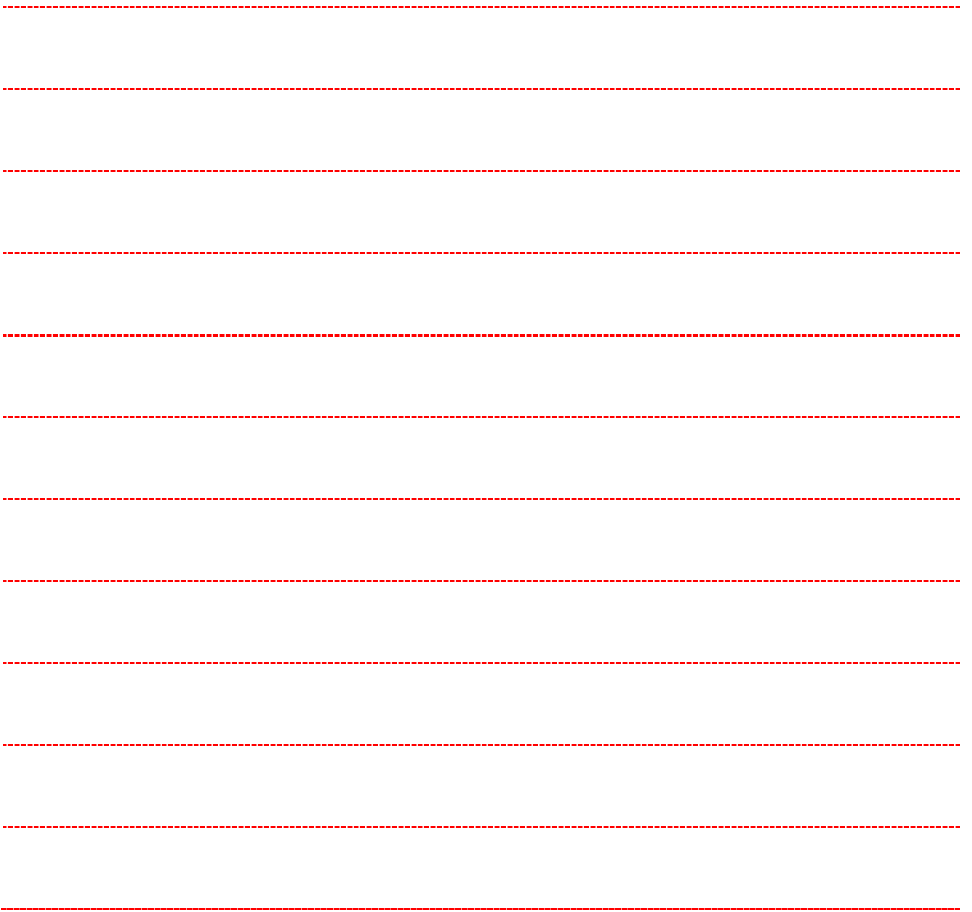
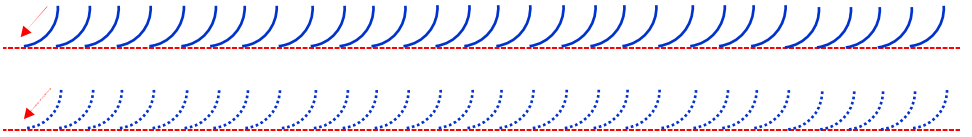
Blank red-lined writing area for practicing the 'zee' stroke.



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Practice `ish` with light stroke for full page, 1/6th of an inch, 45° from right to left.
Print this page and copy saying yourself `ish` each time you write the stroke.

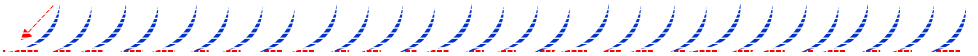
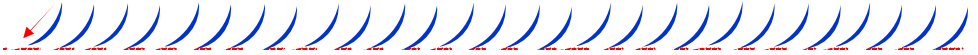




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Practice 'zhee' with heavy stroke for full page, 45°, 1/6th of an inch, right to left.
Print this page and copy saying yourself 'zhee' each time you write the stroke.



Blank handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line, repeated down the page for copying practice.



ef, vee, ith, THee, ess, zee, ish, zhee, say yourself and practice for a full page.



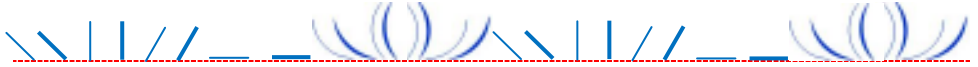
Handwriting practice area consisting of multiple sets of red dashed lines for writing.



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Now take a print out and practice the pairs, saying the sounds yourself. Practice this exercise as many number of times as you can.



Multiple sets of red-dashed lines for handwriting practice.

LESSON-1B

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